
Clinical Diagnosis

Please be advised,

Today, [DATE], I/we confirm that [PATIENT NAME] has been diagnosed with the following medical pathology:

Lipedema, (World Health Organization code ICD-11 EF02.2)

Therefore I/we recommend:

- The used of tailor-made flat-knit lymphatic compression garment class II (30-40mmHg)
- The application of manual lymphatic drainage (MLD) on the affected limbs.
- (if indicated) Lipedema Reduction Surgery with a qualified board-certified specialist to reduce pain, dysfunction, and improve quality of life.

Sincerely,

[Clinician]