



No. 2

LIPEDEMA CANADA CONNECTION

Winter is anything but dull for us at Lipedema Canada.



In the Media...

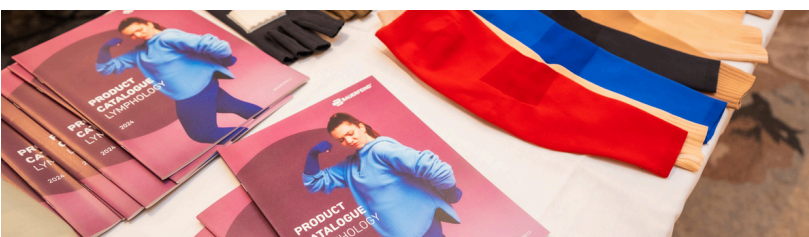
Our own Crystal Ellingsen made big news at the end of 2024, winning her historic case for lipedema support from Nova Scotia Health. [Read the article](#)

From Ontario, a recent article in The Sun highlights some of the issues those with lipedema struggle with. [Check it out!](#)

Make sure to browse [our blog](#) for the series on Surgery Abroad, highlighting the ups and downs of making the journey, and follow our Dear LipCan inquiries with answers to some of your most pressing questions.

Connecting Community...

You may have met with us in Calgary at our October event, sponsored by Bauerfeind Canada. It was an amazing evening with nearly 40 people attending to participate in the yoga and dance sessions, ask compressions questions to the experts and test the pneumatic pumps on hand, and to simply chat with others in this community. Tears were shed as people shared their stories and connections were made for continued support. A lucky attendee won a pair of custom-fitted Bauerfeind Curaflow compression garments. We look forward to more of these events in the future!



We
did it!



New Designation...

We are extremely proud to announce that we have been granted official status as a **charitable organization**. This can be a challenging and lengthy application process, but we managed to succeed just under the wire for 2024. This means we can issue tax receipts for 2024 donations and for any donations forward.

Tax Time Ahead...

Did you know that Lipedema Canada has information to help you with your health claims for tax deductions? Check out our **resources** for our helpful tax tips guide for a review of how to prepare and file your medical expenses related to out-of-pocket lipedema surgery and sample expense spreadsheet to help keep everything organized.

Download the Tax Tip Guide and get a leg up on your filing your tax return



[Tax Guide HERE](#)

Donations Drive Us...

1 Goal Reached!



We want to extend a heartfelt thank you for helping us to meet our donation drive in October. We reached our goal of \$1500.

2 Your Dollars at Work



100 percent of donations to Lipedema Canada go toward printing and distributing materials to get the word out to medical professionals and to directly support the community. We receive constant requests for brochures from our website and we will continue to reach as many people as possible.

3 Compression Bursary



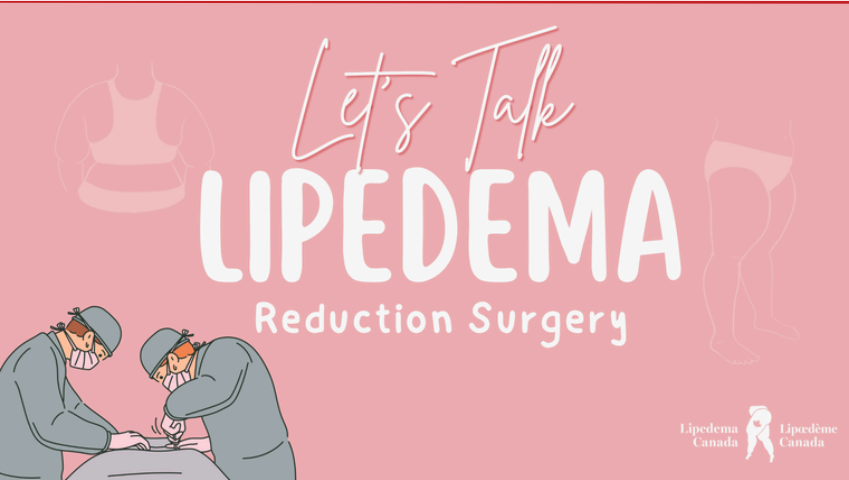
In addition, we hope to start a compression bursary to help those in the greatest need with the cost of compression.

4 Donate Today!

If you are interested and have the means to donate, the Canada Revenue Agency is extending the 2024 deadline for charitable donations to February 28, 2025.

[DONATE](#)





Let's Talk LIPEDEMA

Reduction Surgery

Lipedema Canada Lipodème Canada

Let's Talk Lipedema Surgery...

We are headed live to our YouTube channel with lipedema experts Dr. Ghods and Dr Giw on March 14th 2025. Get your lipedema reduction surgery questions ready and join us for a livestream and Q&A with some of the world's top doctors for lipedema. [Register](#) for free today.



Get involved...

We're looking for passionate individuals to volunteer with us!

We have created a [volunteer](#) database, and we would love for you to identify your special skills. If you are interested in making a difference in the lives of those affected by lipedema, we want to hear from you. We are particularly keen to connect with people to organize support meetups in their area. This is an invaluable way to offer support, share stories, and spread the word. Visit our website to apply and help us raise awareness and support for this important cause.

Together, we can make a meaningful impact!

Sponsorships...

We are grateful for our partnerships with Bauerfeind and Lifepro, but we need more sponsors to continue to make a difference. If you work with an organization that may be interested in partnering with us, please contact www.lipedemacanada.org

Sponsorships...



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