

Issue no. 01

LIPEDEMA CANADA CONNECTION

Fall is turning into a busy season for us at Lipedema Canada and we wanted to catch you up on what we're doing and where we've been.



The Kick-off...

At the beginning of this year, we hit the ground running by becoming incorporated and officially launching our website in April. We've created a wealth of resources, including our brochures that are jam-packed with information you can use to help spread the word about lipedema. Make a request for some of your own today to take to your doctors, massage therapists, and other medical professionals.

Order Brochures [HERE](#)

Honoured in Government...

If you didn't catch it, we've also grabbed the attention of both mainstream and online media. We even made an appearance at the Manitoba Legislature to accept recognition for our work in raising awareness! We were honoured to have the opportunity to speak about this condition and the need for equal access to healthcare.

[Read the media article](#)



Forging Partnerships...

Our efforts to build partnerships have continued, most recently with our first meeting between the Manitoba Minister of Health and Deputy Minister of Health and the Presidents of Lipedema Canada and Lipedema Manitoba Association. The focus was to discuss creating much-needed services for those with lipedema in Manitoba. We are following up and look forward to updating everyone on the next steps.





Connecting Community...

Connecting community is an essential part of our mandate and we have been doing so in a variety of ways. We have a very active online Facebook group with over 1200 members who support each other by answering questions and offering advice. Our website has also garnered a great deal of traffic, and we are pleased to share stories and answer questions through our [website](#) and our new 'Dear LipCan' [blog](#).

Feel free to reach out to us through social media or our website to share your own questions and stories or to chime in on the conversation.

During Lipedema Awareness Month in June, we hosted [Let's Talk - Lipedema](#), an online discussion on the topic of lipedema surgery. Surgery is one of the most active topics of conversation within our online community, and we were happy to share our own experiences, to answer questions, and to connect with so many people.



Meet us in Calgary...

If you are in Calgary on October 22, you can meet us in person! Register for our free event, generously sponsored by Bauerfeind Curaflow Canada.

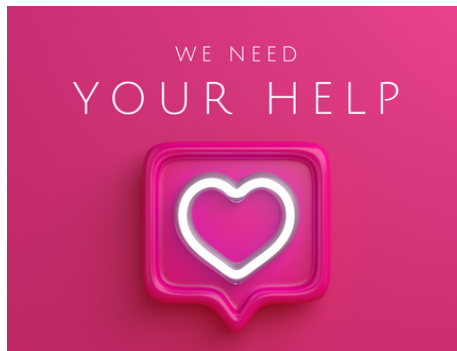
This fun-filled evening will bring the Alberta lipedema community together where you can:

- Test out pneumatic compression pumps from Bauerfeind
- Ask our experts your questions about compression for lipedema
- Engage with the local community and services for lipedema
- Unwind with a lipedema-friendly yoga session

And don't miss your chance to **WIN a pair of Bauerfeind Curaflow compression garments for lipedema!**

Mark your calendars and join us for a night of learning and support!

[RSVP to attend the Event](#)



Donation Drive...

We need your help to keep doing this work. Between now and October 23, we have set a goal of raising \$1500.

We are a volunteer-run organization, and every dollar goes toward improving the lives of Canadians with lipedema.

We will continue to build bridges with government, medical professionals, the media, and the greater community to ensure that those with lipedema receive the support we all need.

- \$25 helps us mail pamphlets to a healthcare provider to share with their patients.
- \$50 helps us cover administrative costs like website registration fees and insurance.
- \$100 helps us host webinars with lipedema experts.

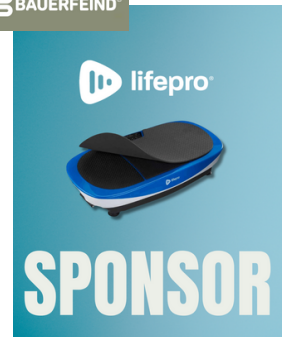
[Donate Today](#)

Sponsorships...

We have also been creating partnerships with organizations that provide products and services for the lipedema community.

We are excited to welcome Bauerfeind Curaflow Canada and LifePro Fitness as official sponsors. For sponsorship details and opportunities please visit

www.lipedemacanada.org



Get Involved...

We're looking for passionate individuals to join our Board of Directors or volunteer with us!

If you're interested in making a difference in the lives of those affected by lipedema, we want to hear from you.

Visit our website to apply and help us raise awareness and support for this important cause. Together, we can make a meaningful impact!

[Apply online](#)